

NEW!

*"Take also unto thee Wheat
Lentils and Millet and
in one vessel and*



*and Barley and Beans and
Spelt and put them
make bread of it..."
- Ezekiel 4:9*

EZEKIEL 4:9

**SPROUTED • FLOURLESS
FLAX TORTILLAS**

Flax-tastic!



**Do
something
good for
your body
today.**





SPROUTED • FLOURLESS FLAX TORTILLAS

EZEKIEL 4:9® FLAX TORTILLAS

Ezekiel 4:9 Tortillas are as delicious as they are nutritious!

This ancient recipe is made exceptional by combining only freshly sprouted grains without any refined flour, artificial ingredients or preservatives. Now with organic sprouted flax seeds for important **omega 3 and 6 essential fatty acids** (EFAs). Rich in protein, complex carbohydrates, vitamins, minerals, and important natural fiber, with no added oil. Try them served warm to release their exceptionally rich, nutty flavor. **Truly the staff of life!**

Different from most tortillas today, **Ezekiel 4:9® Tortillas** are made from freshly sprouted live grains and contain absolutely no flour.

Our exclusive sprouting process releases important enzymes which **maximize nutritional content** and **promote better digestion**. Beneficial enzymes are released to help break down starches, carbs and proteins like phytic acid to promote better nutrient assimilation. We believe this is an important aspect in promoting overall health, vitality and longevity—to get the most out of whole grains!

And even better still, our exclusive process **preserves these valuable nutrients** and **retains the important natural fiber + bran**. See the difference fresh sprouts really make. **Your body and tastebuds will know the difference!**



INGREDIENTS: Organic Sprouted Wheat, Filtered Water, Organic Sprouted Flax Seeds, Organic Sesame Seeds, Organic Sprouted Soybeans, Organic Sprouted Barley, Organic Sprouted Millet, Organic Sprouted Lentils, Organic Sprouted Spelt, Organic Wheat Gluten, Sea Salt.

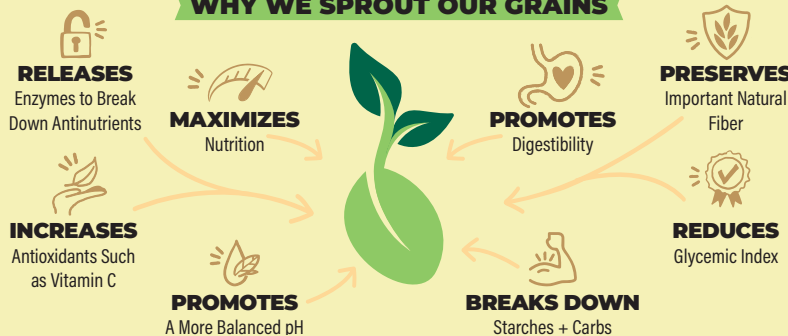
CONTAINS: WHEAT, SOY.

**THE LIVE GRAIN
DIFFERENCE!™**

NUTRITION FACTS: Serving Size 1 Tortilla (57g),
Calories 150, Total Fat 3.5g, Sat. Fat 0g, Trans Fat 0g, Cholesterol 0mg, Sodium 115mg, Total Carb. 25g, Dietary Fiber 5g, Total Sugars 1g, Protein 7g.

SproutSmart™

WHY WE SPROUT OUR GRAINS



A REMARKABLE PLANT PROTEIN!

CONTAINS ALL 9 ESSENTIAL
AMINO ACIDS.



Ezekiel 4:9 tortillas are an amazingly nutritious 2,500-year-old prodigy of the original bread found in the bible and have all of the right ingredients to create a **complete plant protein** today, containing all 9 essential amino acids with 18 in all from all plant sources. **Now that's remarkable!**

HEALTHY TRADITIONS™

To find creative tortilla recipes, visit:
foodforlife.com/recipes/tortillas

Product	Item #	UPC	Case Pack	Case Weight	Case Dimensions L x W x H (inches)	Cases Cube	Pallet Tie x High	Cases Per Pallet	Shelf Life
Flax Tortillas	202C12	07347200202 5	12/12 pk.	11 lbs.	19.63 L x 11.63 W x 3.63 H	0.48 CF	7 x 17	119 cs	12 Months Frozen

FOOD FOR LIFE BAKING COMPANY, INC.

2991 Doherty Street | Corona, CA 92879-5811 | 800-797-5090 | 951-279-5090 | info@foodforlife.com | foodforlife.com

Connect with us online: [f](https://www.facebook.com/foodforlifebaking) [i](https://www.instagram.com/foodforlifebaking) FoodforLifeBaking [t](https://www.tiktok.com/@foodforlife) Food_For_Life