



Do something good for your body today.



FLOURLESS INSPIRED Ancient Recipe ORGANIC

























Inspired by the Holy Scriptures

"Take also unto thee

WHEAT, and BARLEY, and BEANS, and LENTILS, and MILLET, and SPELT, and put them in one vessel, and make bread of it..."

Ezekiel 4:9







WHEAT

BARLEY

SOYBEANS







LENTILS

MILLET

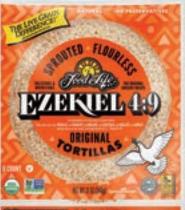
SPELT

The original sprouted grain & seed tortilla.

Ezekiel 4:9® Tortillas are made from freshly sprouted organically grown grains and seeds that are naturally flavorful and bursting with nutrients.

We discovered when these six grains are sprouted and combined, the result is an abundant harvest of nutrients including 9 essential amino acids.

There are 18 amino acids present in this unique tortilla - from all vegetable sources - naturally balanced in nature.



EXHIBITED SPROUTED FLOURLESS

Ezekiel 4:9® Original Tortillas 6 Count ITEM #200

Nutrition Facts

6 servings per container Serving size 1 Tortilla (57g)

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Amount per serving Calories	40
% Daily V	alue*
Total Fat 2g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 125mg	5%
Total Carbohydrate 26g	9%
Dietary Fiber 5g	18%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 7g	
Vitamin D 0mcg	0%
Calcium 16mg	0% 2%
Calcium 16mg Iron 3mg	
Calcium 16mg Iron 3mg Potassium 133mg	2%
Calcium 16mg Iron 3mg	2% 15%
Calcium 16mg Iron 3mg Potassium 133mg Thiamin 0.2mg Niacin 3mg	2% 15% 2%
Calcium 16mg Iron 3mg Potassium 133mg Thiamin 0.2mg Niacin 3mg Vitamin Be 0.1mg	2% 15% 2% 15%
Calcium 16mg Iron 3mg Potassium 133mg Thiamin 0.2mg Niacin 3mg	2% 15% 2% 15% 20%
Calcium 16mg Iron 3mg Potassium 133mg Thiamin 0.2mg Niacin 3mg Vitamin B6 0.1mg Folate 23mcg DFE Phosphorus 120mg	2% 15% 2% 15% 20% 6%
Calcium 16mg Iron 3mg Potassium 133mg Thiamin 0.2mg Niacin 3mg Vitamin Be 0.1mg Folate 23mcg DFE	2% 15% 2% 15% 20% 6% 6%
Calcium 16mg Iron 3mg Potassium 133mg Thiamin 0.2mg Niacin 3mg Vitamin B6 0.1mg Folate 23mcg DFE Phosphorus 120mg	2% 15% 2% 15% 20% 6% 6% 10%
Calcium 16mg Iron 3mg Potassium 133mg Thiamin 0.2mg Niacin 3mg Vitamin Be 0.1mg Folate 23mcg DFE Phosphorus 120mg Magnesium 45mg	2% 15% 2% 15% 20% 6% 6% 10%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Organic Sprouted Wheat, Filtered Water, Organic Sprouted Barley, Organic Sprouted Millet, Organic Sesame Seeds, Organic Sprouted Lentils, Organic Sprouted Soybeans, Organic Wheat Gluten, Organic Sprouted Spelt, Sea Salt.





Ezekiel 4:9[®] Taco Size Tortillas 12 Count ITEM #201

Nutrition Facts

6 servings per container
Serving size 2 Tortillas (57g)

Amount per serving Calories	10
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% Daily V	alue*
Total Fat 2g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 125mg	5%
Total Carbohydrate 26g	9%
Dietary Fiber 5g	18%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 7g	
Vitamin D 0mcg	0%
	0 /0
Calcium 16mg	2%

15%

2%

15%

20%

6%

6%

10%

10%

35%

40%

60%

Iron 3mg

Potassium 133mg

Vitamin Be 0.1mg

Folate 23mcg DFE

Phosphorus 120mg

Magnesium 45mg

Selenium 23mcg

Manganese 1.4mg

Thiamin 0.2mg

Niacin 3mg

Zinc 4mg

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Organic Sprouted Wheat, Filtered Water, Organic Sprouted Barley, Organic Sprouted Millet, Organic Sesame Seeds, Organic Sprouted Lentils, Organic Sprouted Soybeans, Organic Wheat Gluten, Organic Sprouted Spelt, Sea Salt.

